Issy Kleiman, MA, LMFT

AAMFT Approved Supervisor | Speaker | Writer | Podcast Host

Issy Kleiman, MA, LMFT, is a therapist, educator, entrepreneur, writer, podcast host, and speaker. Her work moves between clinical practice and public conversation, with experience in graduate teaching, supervision, and mental health leadership. She has worked in mental health since 2003 and has been a licensed marriage and family therapist in Washington since 2008.

From 2010 to 2012, Issy was an Associate Professor at Antioch University Seattle, teaching Family of Origin, Family Life Cycle, Applied Couples, and Case Consult. She is the Founder and Clinical Director of Counseling Services for Wellbeing, where she leads an integrated therapy and psychiatry practice and supervises clinicians.

Issy hosts *Ask Izzy: Life, Therapy, Honest Talk* and consults with clinicians, teams, and organizations on mental health, relationships, and clinical practice. She speaks on supervision, culturally responsive care, relationships, and mental health across the lifespan.

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